



Life Group Discussion Questions

Sermon: Delighting in the Lord

Passage: Psalm 1:1–6

Date: 3-1-20

- **How is the perspective of Psalm 1 different from the way you normally approach “Bible study”?**
- **The only way this message will really help you is if you do this kind of meditation. So pick another psalm—how about Psalm 19—and think out (writing helps!) “How can I adore God for what this is saying? What can I confess in response to this truth? What I ask God for on the basis of this teaching?”**