



Life Group Discussion Questions

Sermon: Spiritual Training

Date: 10-27-19

- **What are some mythical explanations driving Christian behavior which need to be rejected?**
- **What comparisons with physical training do you think are most applicable to spiritual training?**
- **How is your spiritual formation coming? How passionate about becoming like Christ are you—really? What things are helping you? What other things would be helpful for you to begin?**