



## **Life Group Discussion Questions**

**Sermon: How to Press On with Joy**

**Date: 10-28-18**

- **Do you think most Christians today put as much determination into their Christian race as they do into their jobs and leisure activities? Why or why not?**
- **In what way is humility a necessary starting point? How would pride keep you from pressing on?**
- **Talk about the tension between forgetting and remembering. In what ways is remembering appropriate? When is forgetting the proper course of action?**
- **Reflect on the example of backing a car out of the garage. Compare it to your spiritual life – what are some of the “steps” you need to do spiritually?**
- **Are you more prone toward over-focusing on the steps or toward neglecting the steps?**
- **What was the difference between authenticity and sincerity? Do you think this is an appropriate distinction to make? Why or why not?**
- **Pray for another to have “transformed sincerity” as you run the race.**